

## Donna M. Firer, LCSW - C

### Education

2002 – Post-Graduate Course, Child and Adolescent Assessment and Treatment, JSSA, Rockville, MD  
1985 – Masters of Social Work, University of Maryland, School of Social Work and Community Planning  
1982 - Professional Studies in Aging Certificate, University of Michigan, Institute of Gerontology  
1977 - BA, University of Virginia, American Urban Culture

### Professional Experience

1991 to present -- Psychotherapist with private practice, Silver Spring and Bethesda.

Certified as Medicare provider. Services provided to school age children, teens, and adults across the lifespan. Experience with anxiety, mood disorders, eating disorders, grief and loss, separation and attachment, chronic health problems, and life transitions. Groups for shy and quiet adolescent girls.

1996-1999 -- Staff Social Worker, Private Law Firm, Rockville.

Provided consultation, support, and information to staff, clients, and families, along with a broad range of case management services for frail and isolated older adults.

1993-1996 -- Social Worker/Psychotherapist, Family Services Agency, Gaithersburg.

Organized support groups in subsidized housing and community center; created educational seminars related to mental health and aging; conducted needs assessment for senior citizens in Takoma Park, Maryland; wrote substantive report and presented findings to local government officials.

1990-1993 -- Resident Services Coordinator, Ring House, Rockville.

Assisted with start-up of retirement facility; interviewed potential residents; assisted new residents with adjustments; provided counseling and education to residents and families.

1983-1988 -- Project Coordinator, National Council on Aging, Washington, D.C.

Oversaw several initiatives, including pre-retirement planning for midlife women, an interactive exhibit on sensory changes and aging, and exhibitions featuring art by older adults.

1979-1983 – Manager, Volunteer Program, Capital Children’s Museum, Washington, D.C.