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**Telebehavioral Health Informed Consent**  
**(TBH)**

Telebehavioral Health (TBH) allows for the use of interactive technologies (audio, video, or other electronic communications) between a practitioner and a client who are not in the same physical location.

These interactive technologies incorporate networks and software security protocols to protect the confidentiality of the client information which is transmitted via any electronic channel. These protocols include measures to safeguard data and to aid in protecting against intentional or unintentional corruption.

This service is provided by technology (including but not limited to video, phone, text, apps and email) and may not involve face to face communication. There are benefits and limitations to this service.

You will need access to, and familiarity with, the appropriate technology in order to participate in TBH.

The exchange of information is thus not direct and any paperwork exchanged will likely be provided through electronic means or through postal delivery.

During TBH consultation, details of my medical history and personal health information may be discussed with myself or other behavioral health care professionals through the use of these telecommunication technologies.

If a need for direct, in person services arises, and Donna Firer, LCSW - C is not providing in person care, then it is my responsibility to follow up with my primary care physician and other resources to locate same. I understand that an opening may not be immediately available in such offices.

I may decline any TBH services at any time without jeopardizing my access to future care, services, and benefits.

These services rely on technology, which allows for greater convenience in service delivery. There are risks in transmitting information over technology that include, but are not limited to - breaches of confidentiality, theft of personal information, and disruption of service due to technical difficulties.

Donna Firer, LCSW - C and I will regularly reassess the appropriateness of continuing to deliver services through the use of technologies we are agreeing on today, and will modify our plan as needed.

As the client, it is my responsibility to maintain privacy on my end of communication. Donna M. Firer, LCSW-C's privacy policies are consistent and cover the same procedures as in person sessions.

If service is disrupted during a session, text messaging or phones may be used to problem solve.

In the event of an emergency, text messaging and communication with your designated emergency contact may be used to convey information and problem solve.

The laws and professional standards that apply to in-person behavioral services also apply to TBH services. This document does not replace other agreements, contracts or documentation of informed consent as outlined in my Notice of Privacy Policy.

### **Confirmation of Agreement**

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Client/Parent/Guardian

Date

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Donna M. Firer, LCSW - C

Date